



sunflowerrevolution VII

parkinson's disease symposium & expo

*an educational event for parkinson's
patients, caregivers and family members*

*Saturday, September 11, 2010
The Oasis, Loveland, OH*

The UC Neuroscience Institute is
pleased to offer a half-day symposium
on Parkinson's disease (PD).

Join our experts for a candid
discussion of the challenges of
managing PD, new opportunities and
alternative treatments for patients with
PD, research breakthroughs,
and health and wellness information.



photo by Gary Kunze at CreationSourceImages.com

program

■ expo

Between sessions and during lunch, attendees will be able to visit exhibitor booths with resources for Parkinson's patients and families.

8:30-10:00am **Registration & Continental Breakfast**

■ optional pre-sessions

9:00-9:45am **Parkinson's Disease Over the Years: A Brief History**
Andrew Duker, MD

9:00-9:45am **Resources for Caregivers: Navigating Disability & Insurance**
Maureen Gartner, RN, MEd

■ Move to Live

10:00-10:10am **Welcome**
Alberto Espay, MD, MSc & Andrew Duker, MD

10:10-10:55am **Exercise: The Positive Effect - Could it Delay the Disease?**
David Zid, BA, ACE, APG & Jackie Russell, RN, BSN, CNOR

10:55-11:15am **Managing Motor Complications in PD: Medication Options**
Fredy J. Revilla, MD

11:15-11:35am **Managing Motor Complications in PD: Surgery Options**
George Mandybur, MD

11:35-11:40am **Movement/Transition**
Sarah Krumme Stahr, MS

11:40-12:00pm **Tips for Coping with Parkinson's**
Mark Schroder, PsyD

12:00 – 12:50pm **Lunch**

■ Live to Move

12:50-1:10pm **Moments of Victory: Living Well**
Davis Phinney

1:10-1:30pm **Voice & Swallowing Issues**
Sid Khosla, MD

1:30-1:35pm **Movement/Transition**
Sarah Krumme Stahr, MS

1:35-2:05pm **Local and National Research Highlights**
Kim Seroogy, PhD & Alberto Espay, MD, MSc

2:10-3:00pm **Panel Discussion: Q & A with those Treating, Studying and Living with PD**
Moderator: John Tew, Jr., MD; Panelists: Davis Phinney, Fredy Revilla, MD, Maureen Gartner, RN, MEd, Jaimie Henderson, MD, Sheila Fleming, PhD, Bernice Klaben, PhD, SLP/CCC BRS-S

registration

Deadline: September 7, 2010

Call: 513-569-5354
Fax: 513-569-5365
Email: events@UCNeuroscience.com
Mail: UC Neuroscience Institute
506 Oak Street
Cincinnati, OH 45219
Online: www.SunflowerRev.org

Question for Q&A Panel Discussion:

Please Print

Name _____

Guest name _____

Address _____

City _____

State _____

Zip _____

Phone (Daytime) _____

Email _____

Check if you will attend optional pre-sessions:

Parkinson's Disease Over the Years

Resources for Caregivers

faculty

Andrew Duker, MD

Assistant Professor of Neurology, University of Cincinnati;
Gardner Family Center for Parkinson's Disease and Movement Disorders, UC Neuroscience Institute

Alberto Espay, MD, MSc

Assistant Professor of Neurology, University of Cincinnati;
Gardner Family Center for Parkinson's Disease and Movement Disorders, UC Neuroscience Institute

Sheila Fleming, PhD

Assistant Professor of Psychology, University of Cincinnati;
UC Neuroscience Institute

Maureen Gartner, RN, MEd

Nurse, Gardner Family Center for Parkinson's Disease and Movement Disorders, UC Neuroscience Institute

Jaimie Henderson, MD

Associate Professor of Neurosurgery,
Stanford University, California

Sid Khosla, MD

Assistant Professor of Otolaryngology, Head and Neck Surgery,
Director, UC Health Voice & Swallowing Center,
University of Cincinnati; UC Neuroscience Institute

Bernice Klaben, PhD, SLP/CCC BRS-S

Ohio Licensed Speech-Language Pathologist, Associate Professor of Otolaryngology, Head and Neck Surgery, University of Cincinnati; UC Neuroscience Institute

George Mandybur, MD, FACS

Associate Professor of Neurosurgery, University of Cincinnati;
Mayfield Clinic; Gardner Family Center for Parkinson's Disease and Movement Disorders, UC Neuroscience Institute

Davis Phinney

Founder, Davis Phinney Foundation;
Former Tour de France Cyclist

Fredy J. Revilla, MD

Director, Gardner Family Center for Parkinson's Disease and Movement Disorders, UC Neuroscience Institute;
Associate Professor of Neurology, University of Cincinnati

Jackie Russell, RN, BSN, CNOR

Partner, Project Editor - Delay the Disease, Columbus, Ohio

Mark Schroder, PsyD

Psychologist in Private Practice, Spouse of Person with PD

Kim Seroogy, PhD

Director, Selma Schottenstein Harris Laboratory for Research in Parkinson's; Professor of Neurology, University of Cincinnati;
Gardner Family Center for Parkinson's Disease and Movement Disorders; UC Neuroscience Institute

Sarah Krumme Stahr, MS

Exercise Physiologist, Personal Fitness Programs

John Tew, Jr., MD

Clinical Director, UC Neuroscience Institute; Professor of Neurosurgery, University of Cincinnati; Mayfield Clinic

David Zid, BA, ACE, APG

Parkinson's Fitness Specialist, Author, Delay the Disease, Columbus, Ohio

■ **program directors:** Alberto Espay, MD, MSc & Andrew Duker, MD

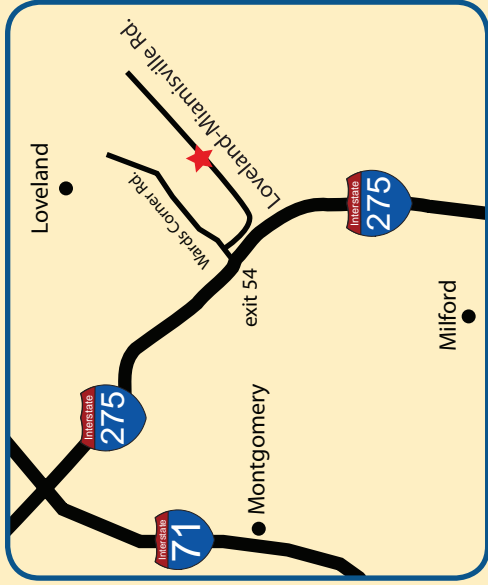
directions

The Oasis

902 Loveland-Miamiville Road
Loveland, OH 45140
513-583-8383
www.oasisconferencecenter.com

From I-75 North or South or from I-71 North or South:

Take I-275 East to Wards Corner Road, Exit #54. Turn left onto Wards Corner. (Get into the right hand lane. You will see Aquarian Pools & Spas on your right.) Immediately turn right on Loveland-Miamiville Road. Go through the 4-way traffic light. At the following 4-way stop sign, turn left. (Loveland-Miamiville takes a hard left turn at Epiphany Church). The entrance to the Oasis is the second drive on the left.



University Hospital, Inc.
234 Goodman Street
Cincinnati, OH 45219

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From Kentucky, I-75 North and I-275 East: Take I-275 East across the Ohio River to Wards Corner Road, Exit #54. Turn right on Wards Corner Road and get into the right hand lane. (You will see Aquarian Pools & Spas.) Immediately turn right on Loveland-Miamiville Road. Go through 4-way traffic light. At the following 4-way stop sign, turn left. (Loveland-Miamiville takes a hard left turn at Epiphany Church). The entrance to the Oasis is the second drive on the left.

Area Hotel:

Hilton Garden Inn
Cincinnati Northeast
6288 Tri Ridge Blvd
Loveland, Ohio 45140
(513) 576-699

\$92/night when you mention Sunflower Revolution. Rooms held until August 14, 2010

sunflower revolution VII Weekend Events

In addition to the symposium, other events include:

Friday, Sept. 10 - Sunflower Streetfest and Concert Downtown Milford, Ohio	Sunday, Sept. 12 Bike & Walk/Run Riverside II Park Milford, Ohio	Friday, Sept. 24 Putting for Parkinson's Highlands Country Club Ft. Thomas, Kentucky
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For more information visit SunflowerRev.org or call 513-584-0695.